



VGENIUST for STUDENTS, for SCHOOL

**World's first INTRINSIC
methodology training**

***BRAIN POWER, THINKING ADVANCEMENT &
NATURAL MIND EXPANSION VIA INTRINSIC PRINCIPLE***

Presented by:
The Seven Secret Rhythm (T7SR)

Endorsed by:
Intelligent Society of Malaysia (ISOM)

Approved by:
Ministry of Education Malaysia (MOE)

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VGENIUST for Students, for School

1.0 Tittle

VGENIUST Intrinsic Brain Training Workshop & Coaching for Students towards Academic improvement, sports enhancement, much naturally healthier, emotional moderation and greater student life style.

2.0 Objectives

The purpose of VGENIUST workshop is:

- 2.1 To produce higher-power children as well teenage generation, better in terms of cognitive skills, which enable them **handle memory and focus issues**.
 - 2.2 To **enhance cognitive skills** such as adding brain fitness, changing the new and high targets, strengthening the focusing power and concentration, enhancing creativity, enhancing memory power, stabilizing brain and left brain performance, and handle sensitive issue with alertness, higher responsibilities without tension.
 - 2.3 To **reduce stress** among students and make them **enjoy educational activities** and Exams through practical exercises of "The 7 Secrets Rhythm" techniques.
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3.0 Student Challenges

While the overall level of education in Malaysia is well developed compared with other developing countries, Ministry of Education has reported in the "Preliminary Report, Malaysia Education Blueprint 2013-2025" that Malaysian students are in a very dangerous state.

Here are some facts and figures about the current state of education in Malaysia.

- 3.1 The student pass rate for all subjects is between 35% and 65%
- 3.2 20% of the current student population is illiterate
- 3.3 Malaysia's school education rating is at 57 out of 78
- 3.4 The average IQ of Malaysians is 92 instead of 110
- 3.5 The vocabulary of students in Malaysia is at 5000 words when it should be 20000
- 3.6 School bags weigh more than 50% of the student's body weight

3.7 60% of food and drinks served to students at school affect their performance

The challenges students facing are the **effects** and not the **cause**.

These causes are historical, mechanical, superficial and outdated, creating compliance and subservient thinking and a general resistance in the industry on innovative approaches that can address these issues effectively.

Our research has shown that these effects can be changed when we attack the root cause with a holistic approach on health, nutrition, brain training and correct implementation of environment setup for academia.

4.0 VGNIUST and Its Purposes



Diagram 1: Before and After VGNIUST

4.1 What is VGNIUST?

VGNIUST is a holistic, scientific and easy program to **shape the character of a student** to be smart, thoughtful and intelligent while increasing personal value by striking a balance between attitudes and aptitudes. Nurturing and transforming school children are not just dependent on teachers alone but require *active participation by parents, teachers and students themselves*.

4.2 What is the purpose of VGNIUST?

The purpose of VGNIUST Workshop is to create a generation of productive, astute, savvy, responsible, accountable and creative leaders that will exceed the dreams and desires of all parents and society in general.

Thus, with the students' increasing interest of studies in school, VGNIUST will easily reduce the problem of teenagers such as social issues, school truancy issues, disciplinary issues, dropouts or dropping out of school before graduating.

5.0 VGENIUST Modules

VGENIUST is an all-inclusive programme that is taught not just to students but also to teachers and parents. This training is based on scientific techniques that enhance the power of the right, middle and left brains.

These modules are outlined as follows:

5.11-Day 7P* Module for teachers and food operators to handle daily implementation at school level. This involves the removal of obsolete knowledge on the way children learn, unlearn and relearn and also to provide healthy food for the students.

*[*Performance, Propinquity, Psychology, Patience, Pit-stop, Portion, Purity]*

5.2 1-Day 7E Module for parents** and guardians to support their children.

*[**Enthusiasm, Encourage, Educate, Engross, Engage, Efficacy, Equanimeous]*

5.3 2-Day VGENIUST Module for students to master knowledge in various areas such as body, mind, emotions, food and thinking. This includes the proprietary 7-Secrets Rhythm and 7R*** method to study.

*[***Read, Remember, Reproduce, Refer, Rectify, Revise, Recall]*

6.0 VGENIUST Benefits & Advantages

Some major benefits from this programme include stress-free parents and teachers; healthy, smart, emotionally stable straight-A students that are socially responsible, world-class sportsmen and sportswomen.

6.1 Significant Benefits

6.1.1 Improved ways to control emotions within 12 days.

6.1.2 Loves all subjects within 20 to 35 days.

- 6.1.3 Changes in friends and other types of friends to choose.
- 6.1.4 Changing unwanted attitudes.
- 6.1.5 Synergy of relationships between teachers & students.
- 6.1.6 Good communication between students and teachers.
- 6.1.7 Motivated to complete homework even when in school and it will increase 80% within 55 days.
- 6.1.8 Increase the exam score from 28% to 88% within 35 days.
- 6.1.9 Increase the exam score from 48% to 100% within 45 days.
- 6.1.10 Better performance in sports within 50 days.
- 6.1.11 Changed from hating teachers to liking all teachers.
- 6.1.12 An ordinary sports player can be a school player within 7 months.
- 6.1.13 Reduce / stop non-clinical health issues, which are minor within 60 days.
- 6.1.14 Can learn new languages more easily within 70 days.

7.0 VGENIUST Performance Tracking

VGENIUST will create a quantum leap in autonomic brain performance.

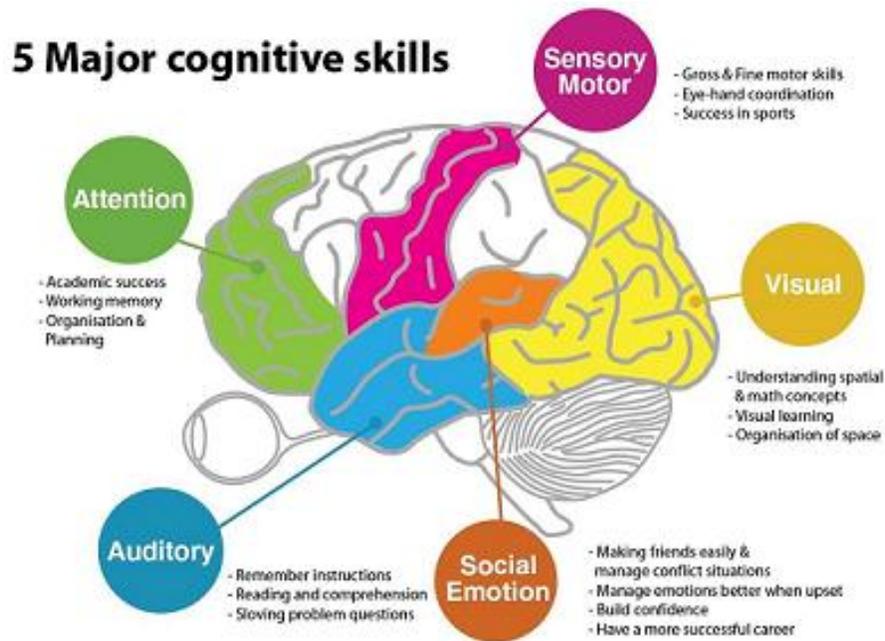


Diagram 2: 5 Major Cognitive Skills

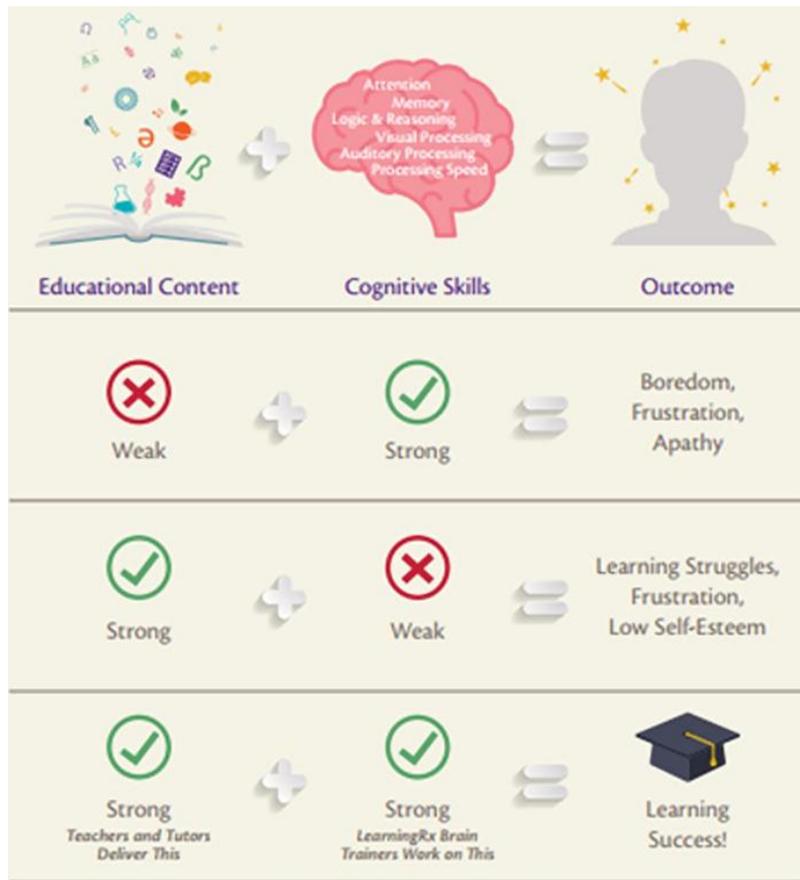


Diagram 3: Outcome of Educational Content & Cognitive Skills

Performance tracking is necessary to identify all levels of improvement. Some of this includes health, school results, cognitive skills and sports performance. Coaching is provided on a weekly to annual basis to ensure that students are doing well.

8.0 Testimonies

8.1 Below are some testimonies from students attended VGENIUST. Some testimonies are in original Malay Language.



Gausalya, SMK Klang, SPM Student (2018)

Before I attended VGENIUST I only was expecting to get 1A and the rest B, C, D and E. Miracle happened after I attended VGENIUST. I got 6As and 3Bs in my SPM!!! The secret was I practised wholeheartedly the 7 Secret Rhythms techniques taught by Mr Elan during the workshop. Thank you Mr Elan!



Alya dan Sebi, SMK Puteri Titiwangsa, Kuala Lumpur, Student, (2015)

Kami telah menghadiri kursus VGENIUST7R yang amat menyeronokkan. Saya bersyukur dalam masa 25 hari markah kami dalam Inggeris dan Matematik meningkat dari ~ 53%+ kepada 76%+. Kami minta semua sekolah buat kursus setiap tahun untuk semua murid.

In 25 days, we improved in our English & Mathematics subjects and our marks increased from 53% to 76%.



Jaya NivashanaRao, SMK Sultan Badlisha, Kulim, 10As, 7A+'s & 3A's, SPM (2013)

Biasanya saya dapat markah yang agak baik dalam peperiksaan sebelum bengkel VGENIUST tetapi saya mengalami tekanan bila tibanya peperiksaan kerana saya memerlukan masa yang panjang untuk mengulangkaji dan saya perlu buat ulangkaji beberapa kali untuk topik yang sama bag memahaminya. Selepas amalkan Tujuh Teknik Rhythm, ia telah bantu saya untuk mengurangkan tekanan dan meningkatkan daya kuasa memori saya. Kini saya rasa relaks semasa buat ulangkaji.

I get high marks in my exams, but, I used to be so stressed during exam period. Stress will make me to take longer time to do revision & will make me repeat the same revision many times. After attending VGENIUST my stress reduced and I am able increase my memory power which made my revisions easier.



Beh Yuan Hui, SMK (P) Raja Zarina, Port Klang, 8A's, PMR (2013)

Sebelum ini saya lebih menghabiskan masa dengan bermain komputer & permainan video bagi mendapatkan tumpuan belajar semasa ulangkaji pelajaran. Mujurlah, saya telah menghadiri bengkel VGENIUST dan mengamalkan Tujuh Teknik Rhythm. Ia telah meningkatkan daya ingatan dan tumpuan saya. Sekarang teknik yang saya amalkan telah memulihkan tabiat yang tidak produktif dan meningkatkan minat dalam pelajaran dan keputusan akademik saya juga lebih baik.

I thought playing computer games can increase my concentration during revision but it was inefficient. After attending VGENIUST I learnt 7 Secret Rhythms techniques to increase my memory power and concentration during revision and I started to enjoy my studies more.



Thiva, Kulim, 7A, PMR (2013)

Saya menerima beberapa manfaat dari seminar VGENIUST seperti saya dapat bangun lebih awal di waktu pagi, belajar tanpa tekanan, mengingat jawapan dalam dewan peperiksaan dan saya lebih mahir dalam permainan badminton. Saya menyedari bahawa VGENIUST membantu pelajar mengatasi isu daya kuasa memori supaya kita dapat mengingat apa yang kita belajar semasa membuat peperiksaan. Dengan program VGENIUST, saya menyedari pembelajaran adalah aktiviti yang menyenangkan & paling mudah untuk saya.

I benefited a lot through VGENIUST. I could wake up early in the morning and practice techniques taught. I could concentrate without any stress. I was able to remember and answer exam questions during exams. I excelled in sports (badminton) as well. After VGENIUST I realized that academic and sports something that is really enjoyable.



Dr. Hamidah Bt Alus (Mrs.), SMK Abdul Rahman Talib, Kuantan Pahang, Parents, (2011)

VGENIUST adalah latihan yang amat berharga. Saya mengamalkannya bersama- dengan anak-anak saya. Kini pencapaian akademik dan aktiviti ko-kurikulum mereka bertambah baik. Terima kasih kepada Elan dan Puan Ros yang sudi mengadakan kursus ini di Pahang.

VGENIUST is a very valuable training. I am practicing the techniques taught together with my children. They have improved better in both their studies and extra-curricular activities.



En. Bazuri B Ab Ghan, Pahang Malaysia, Kolej Komuniti Paya Besar, Director, (2010)

VGENIUST mempunyai keupayaan dan kuasa tulin untuk melahirkan graduan bertaraf antarabangsa di Malaysia. Latihan ini boleh memberi manfaat untuk akademik dan juga sukan. Ia adalah teknik yang unik untuk meningkatkan daya kuasa kognitif. Saya juga syorkan "The 7 Secrets Rhythm 7P" kepada semua tenaga pengajar/cikgu.

VGENIUST is an unique & practical brain cognitive training that can benefit students in both academic & sports. Also, strongly recommend teachers & educators to take up 7P training module.



Mr. Michael Sobolewaki, Metropolitan State University of Denver USA, Jurutera & Pilot, (2009)

VGENIUST taught me the best techniques to increase my memory power and to improve my creativity. It guided me a lot during my time at university. Thanks to Mr Elan!

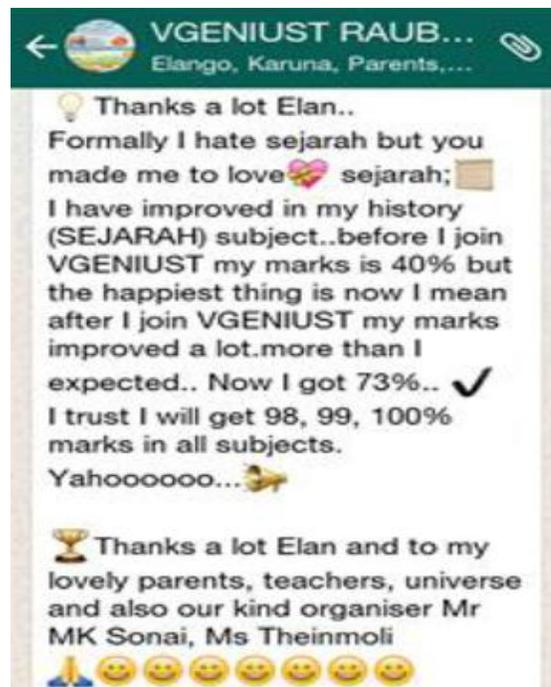
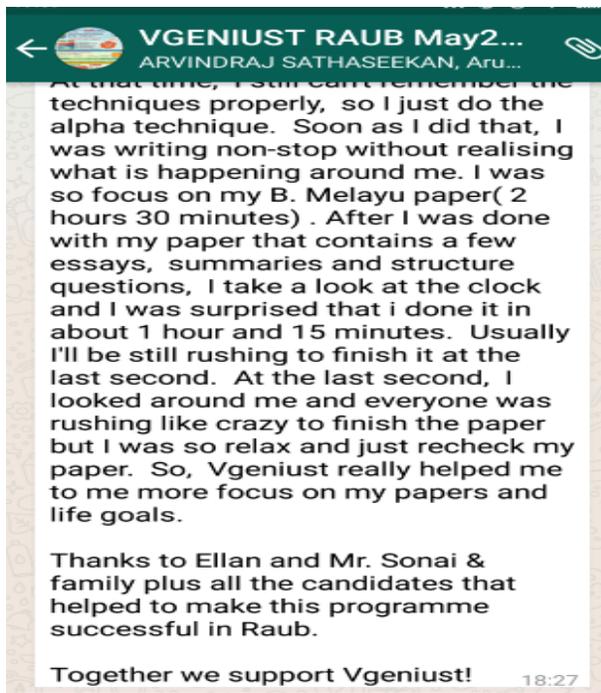
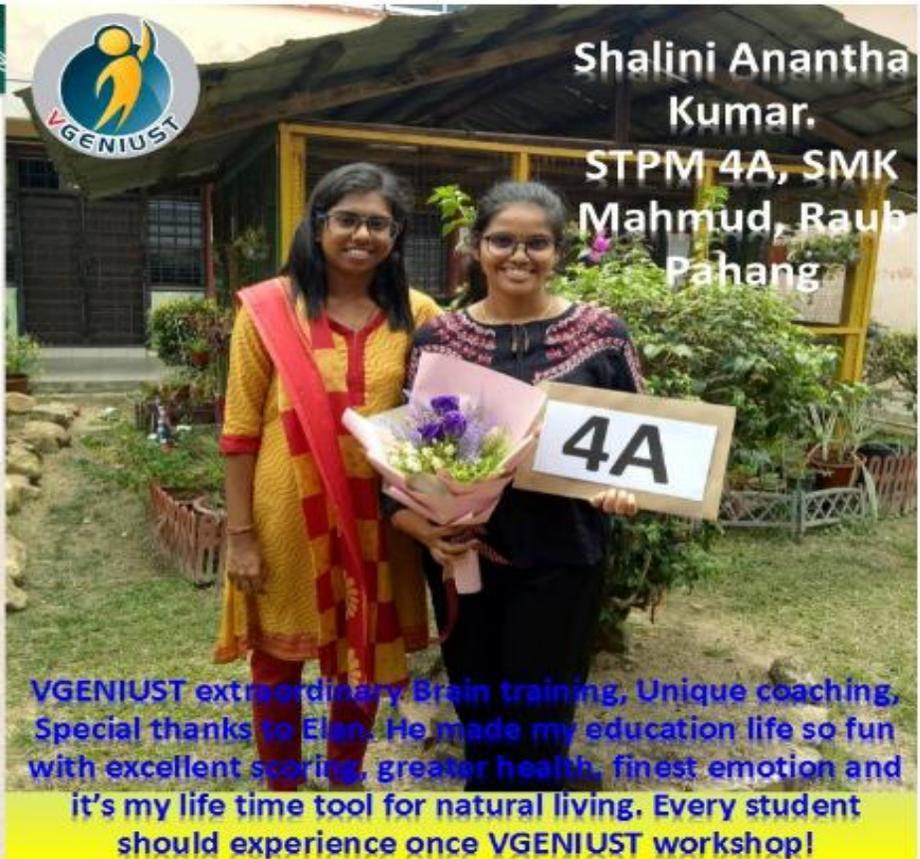
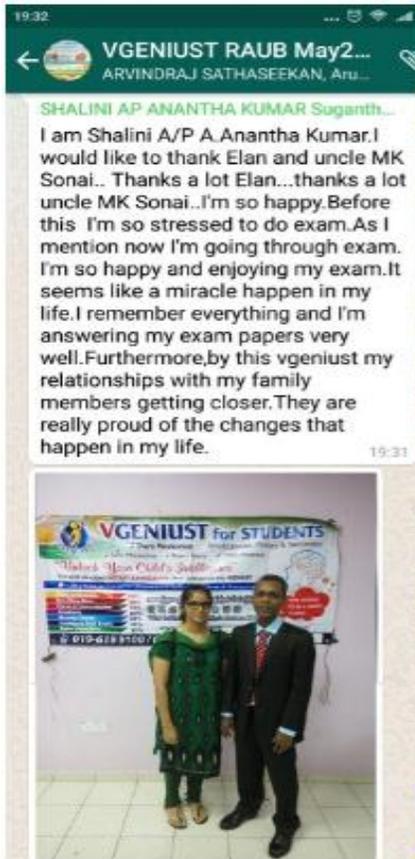


Darshan, Selangor, 2018

Darshan, VGENIUST student who is an athlete.

He practices VGENIUST the Seven Secret Rhythm techniques to excel in sport. He wins Gold Medal in Sports. School level.

8.2 Testimonies via Phone



8.3 Testimony by parents

VGENIUST Singapore Dr Saravanan children testimony 2018

We, Dr Saravanan and Mrs Vadivoo would like to record our sincere gratitude to Mr. Elan for coaching our children Pinngalan and d Tevaneyaal who participated in a 2 Days **VGENIUST** workshop in **2016**, in **Malaysia**. Both my children diligently practised some of the techniques taught at the workshop and managed to pass that year. However the first quarter CA results were appalling. My son had only scored 20% in his mathematics and nearly failed his science. He needed some serious help. We enrolled him for tuition classes and my wife and I started to assist on his revisions and encouraged him to apply the skills and techniques taught by Conscious Expert Elan in The **VGENIUST** workshop. Changes started to happen. By mid term he started to progress and he did well in his mid term exams. He got the most progressive student award as he scored 70%. **By the end of the year 2017 he scored 86% and above in all his subjects**. There was also a remarkable attitudinal change in him. He had a keen interest to learn and do well. He was short of 2% to be in the top 5. He was awarded the most progressive student award for his determination. **He also received the achievement award from Minister Vivian Balakrishnan the local MP for our constituency.**



The workshop by **VGENIUST**, tuition and we as parents have contributed to my son's progress. Thank you Mr. Elanggovan Thangavilo. I wish all the best for the students who have done this course and I encourage every child to do this course.

God bless

Dr. Saravanan, Singapore.



Dr Saravanan, Father, Singapore, 2018



VGENIUST is a power packed training!! My son, Vijaya Girishan, has attained **STRAIGHT As** in his **UPSR** after attending VGENIUST. It's a real miracle result happened to my son, I would say! In just 12 days attending the training, he naturally transformed to be a better person and **VGENIUST helped to transform his normal pass marks to STRAIGHT As!!** Mr Elan's coaching built up the confidence in me and I imposed it on my son to make him successful. The unique techniques taught by Mr Elan, increased the memory power of my son, and increased his concentration and confidence! Consequently, he was able to do his exams well and pass with flying colors! As an experienced teacher & mother I have been to many seminars & workshops yet VGENIUST remains as the BEST & MOST UNQIUE for me, my son, my sister's children and for my friends. **AS A TEACHER & MOTHER, I STRONGLY RECOMMEND VGENIUST TO EVERY STUDENT AS A PRIMARY COURSE.**

Mrs Kavitha, Mother & Biology Teacher, Klang, 2018

8.4 Testimony from Professional

I would recommend this workshop to anyone truly committed to investing in themselves and improving their intrinsic flow towards excellence entrepreneurship. Rewiring The Brain via The 7 Secrets Rhythm is practical for every individual. The seminar covering holistic method towards entire business process. Elan is an energetic and vibrant entrepreneur as well the world's foremost expert on mind frequency.

Prof. Dr. Azahari Othman (aka Dr.LUV) Fellow of OXCELL, Oxford, UK.
Founder & Master Coach of 8ELQ (Emotional Love Quotient) of Self Development.
Academic Advisory T7SR & MINDPREUNERSHIP



9.0 Accreditations and Publications

VGENIUST Immensity is **approved by the Education Ministry of Malaysia** and **certified by the Cambridge Learning Centre, UK.**

The VGENIUST student can optionally apply for a certification by the Cambridge team (from UK).

Trainings and publications by VGENIUST include:

1. Tanzania President Office delegates PPP in Malaysia on December 2016 at Concorde Hotel Kuala Lumpur. 2 Days classroom training. 1 traveling to GLC office meeting CEOs.
- Published article
2. Speaker in Kuala Engineering Science Fair 2016, The Mines. Topic "The 7 Secrets Rhythm, Rewiring the Brain" and Facilitator for T7SR 7G be a Bold Graduate.
- Published article
3. Presented a public talk to Malaysia Mental Literacy Movement (MMLM) and Universiti Tunku Abdul Rahman (UTAR) on REWIRING THE BRAIN" via The 7 Secrets Rhythm in July 2015.
- Published article

4. FMM Safety Conference On: "Fostering on OSH Culture Towards a Healthy and Productive Workforce", Ramada Hotel, Melaka, April 10 – 11, 2013.
- Published article
5. International Conference: 6th Asian Vegetarian Congress. 41st IVU World Vegfest, PWTC Kuala Lumpur, 2013 - "Vegetarianism & Brain health towards Academic, Sports, Co-curriculum Excellence." (published in 50 countries)
6. HRDF's Conference on "HR Best Practice for SME's", The ZON Regency Hotel, 22nd September 2010
- Published article
7. The Star - Right Brain Power
8. Bernama Online - Kuasa Otak Kanan
9. Makkal Osai, Namban, Tamil Nesan, Thaimoli - Brain, Thoughts, Mind and its impacts on children's academic, sports and natural health.
10. Hindu Youth Organization, Port Klang Magazine - Yoga & Brain.
11. Kosmo - Corporate Yoga
12. Sinar Harian News - Kesan Positif Yoga Korporat
13. Utusan Sarawak and Sabah Daily Express News - Corporate Yoga